

Are Great Leaders Born or are they Made – behind the walls of your emotional intelligence

Great Emotional Intelligence is the fabric of all great leaders and the foundation for building a better work environment for your teams. From increased levels of self awareness to a clear guideline for administering empathy, great leaders follow similar areas of emotional intelligence. The answer to the question 'are great leaders born or are they made?' is... both. Some leaders possess the aptitudes for leadership – yet all can embrace the power of Emotional Intelligence to become a more powerful leader. This course will move the theory of EI into the practical application of managers in 2009.

HIGH LEVEL LEARNING

- » Understand a practical EI model and its core competencies needed in the workplace
- » Discover the benefits of EI to the leader, the team and the organisation
- » Identify strategies and opportunities to apply EI in your leadership role
- » Learn how to build relationships with others which enable them to lead more effectively
- » Learn to apply the Bridge 7 steps to an effective EI leader to you and your teams

YOU WILL LEARN

- » The practical applications of utilising EI as a framework to becoming a great leader
- » The importance of self awareness for a leader's personal journey of development
- » Understanding your personal leadership strengths and weaknesses
- » How to utilise the Bridge 'Life is a stage' mindset
- » The key steps to becoming a Living Brand® champion
- » A framework to develop EI leadership competencies amongst your teams
- » A seven step practical guide to embark on a personal EI journey of self discovery

IN ADDITION

- » This course will require delegates to put in place a dedicated personal action plan to support their growth once back in the workplace. Delegates will be encouraged to build mentor relationships to assist in their further development.